

List of scientific articles about the implications of using punishment in training

1. *Study by DEFRA (UK Department of the Environment and Rural Affairs) into the use of shock collars and punishment based training*
https://banshockcollars.ca/pdf/Defra_Study.pdf
2. *The Welfare Consequences and Efficacy of Training Pet Dogs with Remote Electronic Training Collars in Comparison to Reward Based Training*
Jonathan J. Cooper, Nina Cracknell, Jessica Hardiman, Hannah Wright, Daniel Mills
<https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0102722>
3. *Electronic training devices: Discussion on the pros and cons of their use in dogs as a basis for the position statement of the European Society of Veterinary Clinical Ethology*
<https://www.sciencedirect.com/science/article/abs/pii/S1558787818300108>
4. *University of Lincoln*
<https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0102722>
5. *Dr. Karen Overall*
https://banshockcollars.ca/pdf/Karen_Overall_Journal_of_Veterinary_Behavior.pdf
6. *If You're Aggressive, Your Dog Will Be Too, Says Veterinary Study*
<https://www.sciencedaily.com/releases/2009/02/090217141540.htm>
7. *Applied Animal Behaviour Science*
Volume 132, Issues 3–4, July 2011, Pages 169-177
Training methods and owner–dog interactions: Links with dog behaviour and learning ability
<https://www.sciencedirect.com/science/article/abs/pii/S0168159111000876>
8. *Journal of Veterinary Behavior* Volume 9, Issue 2, March–April 2014, Pages 58-65
Effects of 2 training methods on stress-related behaviors of the dog (Canis familiaris) and on the dog–owner relationship
<https://www.sciencedirect.com/science/article/abs/pii/S1558787814000070>
9. *Journal of Veterinary Behavior* Volume 19, May–June 2017, Pages 50-60
The effects of using aversive training methods in dogs—A review
<https://www.sciencedirect.com/science/article/abs/pii/S1558787817300357>
10. *Implications of using punishment in training*
https://www.dogwelfarecampaign.org/implications-of-punishment.php?fbclid=IwAR1QJg1SRrSA-reWvsRGTIKXGvB1HiCqsOD522UTg-f6hAYCoSznRl_f3c

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11. *Companion Animal Psychology*

<https://www.companionanimalpsychology.com/2017/04/new-literature-review-recommends-reward.html?fbclid=IwAR2BrtrA6rPa3xeGrm2sqdAwpZT2c5IsYhBDbSMMP2gPQio69uWvRptDBU4>

12. *Companion Animal Psychology, Zazie Todd*

<https://www.companionanimalpsychology.com/2018/06/study-outlines-reasons-to-ban.html?m=1&fbclid=IwAR0YRt5-MkeGs3L3tcK1VYWjxgtV5qkkFicMA2F7Wzh-0xI6tXzLv3Id>

13. *Companion Animal Psychology*

<https://www.companionanimalpsychology.com/2020/07/positive-reinforcement-is-more.html?fbclid=IwAR2GP7hovvmrIGI6qtDxknqTs2AnSMVgT4Kda8Wi7wcLqdLaqifaqMwH EXA>

(contains links to other studies)

14. *Frontiers in Veterinary science*

Efficacy of Dog Training With and Without Remote Electronic Collars vs. a Focus on Positive Reinforcement ORIGINAL RESEARCH article Front. Vet. Sci., 22 July 2020 |

<https://doi.org/10.3389/fvets.2020.00508>

15.



Study on effects of choke collars on dogs

16. [Helen McKinnon](#) on [May 19, 2013 at 12:57 pm](#) said:

Dr. Dodds Says:

“... the thyroid and salivary glands are superficially located just under the skin in the upper part of the neck. The thyroid gland is a butterfly-shaped organ just in front of the larynx and trachea, and the mandibular salivary glands are found on the side of the face just below the ears. Thus, they can be easily injured by trauma and sudden pressure forces (as could occur from the slip ring and chain of metal collar, and a metal prong or hard braided leather collar). A harness or “gentle leader” type collar is preferred these days, especially for strong dogs that like to pull and lunge out when on a standard collar and leash.

W. Jean Dodds, DVM
Hemopet / NutriScan
11561 Salinaz Avenue Garden Grove, CA 92843

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<http://drjeandoddspethealthresource.tumblr.com/post/41645121585/dog-collars-thyroid>

http://www.hemopet.org/index.php?option=com_newsfeeds&view=newsfeed&id=1&Itemid=62

17. <https://fearfreepets.com/electronic-collars-versus-positive-reinforcement/?fbclid=IwAR1BLFSmJ02q7coF-iLEOefXK1mMUCBHU52ob0CeDeNvGf5CCq-3nNqqtll>

18. *Dog Training Requires Respecting the Deep Emotional Lives of Dogs*

Exploring the affective dog behavior approach. Dr, Mark Beckoff

<https://www.psychologytoday.com/us/blog/animal-emotions/202202/dog-training-requires-respecting-the-deep-emotional-lives-dogs?fbclid=IwAR3DvJCLup60WiDyzuV2m4MJBBJo2eQK508Kt1nR4CkI0b6kVWEg6RdG2GQ>

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*Woofers Positive Dog Training and Behaviour Consulting
version April 2022*